



INCH HOUSE PUDDING.

A taste of Tipperary

Who we are and why we do what we do:

*Keeping family **traditions** alive is what it's all about. Mary, Nora, and Mairin are very **passionate** women and when it comes to food they are true to form. Working together they have developed their **award-winning pudding** that we see today.*

*Mairin's Grandmother Mary Ryan killed a pig, like most houses in older days, once or twice a year. "**No waste**" was always Mary's motto and so she used the pig's blood to make **fresh blood** puddings to rear her large family. Later in life Mary passed the making of the pudding on to her daughter Nora and in turn Nora to Mairin.*

Today, Mairin makes one of the few fresh pig's blood puddings available in Ireland, where most puddings on shelves, for convenience, are made with powdered blood. Inch House puddings are:

- *Irish pig's blood*
- *Irish pinhead and rolled oats from Flahavan's*
- *Versatile and fresh*
- *No MSG*
- *No stabilizers or emulsifiers*
- * 4th generation recipe*
- *Suitable for freezing*



Inch House

Carrickgollogan Foods,

Patrick street

Templemore

Co. Tipperary

Tel: 087 9108001

@Inchhouse

www.inchhousepudding.ie

inchhousepudding@gmail.com

Host: Mairin Byrne





Looking for some idea's using Inch House pudding on your menu?

Here are a list of just a few things you might do:

- *Roast Pigeon salad with fresh beetroot & Inch house pudding*
- *Pizza with fresh rocket, caramelized red onion, creamy goats cheese & Inch House black pudding*
- *Full Irish breakfast*
- *Brown bread with apple chunks & Inch House pudding*
- *Pastry tart with red onion or apple chutney topped with Irish goats cheese*
- *Quiche & Inch House pudding filling*
- *Scotch Egg with Inch House pudding*
- *Crispy Inch House black pudding potato cake/fritter*
- *Fillet of pork or chicken stuffed with pudding and apple*
- *Pan seared Inch House pudding with roasted sweet potato, Pea purée, bacon lardons & a poached egg*
- *Inch House pudding salad with baby potato wedges & sweet Chili mayo*
- *Inch House pudding with plum or mango chutney wrapped in Filo pastry*



*****Please note we offer a *gluten free* black pudding in our range**

